

紫蘇 Perilla

Perilla frutescens

唇形科 Lamiaceae

為甚麼一些海鮮壽司或飯糰中會被加上一片紫蘇葉？據聞可以緩和進食海鮮後引致的腸胃不適。

Why does a piece of Perilla leaf is served with sushi or rice ball? The local peoples believe the Perilla leaves can soothe stomach or intestinal pain caused by seafood.



花期 Flowering :

1 2 3 4 5 6 7 8 9 10 11 12



果期 Fruiting :

1 2 3 4 5 6 7 8 9 10 11 12

更多資料 More Details



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