



Ngong Ping Nature Centre (NP)

Introduction

Ngong Ping Nature Centre is located on Lantau Island. Along the Ngong Ping Fun Walk nearby, there are many famous scenic spots, including a Tree Walk, where students can learn about native wild plants. After visiting the Fun Walk, they can return to Tung Chung via Ngong Ping 360 Rescue Trail. Along the trail are a wide range of shrubs, trees, dragonflies and butterflies. Students can learn about the importance of sustainable development in this interactive classroom.

Transportation:

- How to go:
 - Take MTR to Tung Chung Station, then either take New Lantau Bus (Route 23) or Ngong Ping 360 Cable Car to the Ngong Ping Bus Terminus/Cable Car Terminus. While the bus journey will take around 50 minutes, the Cable Car journey will take around 25 minutes.
 - Take a ferry to Mui Wu of Lantau Island from Central Pier 6, then take New Lantau Bus (Route 2) to the Ngong Ping Bus Terminus. The bus journey will take around 40 minutes.
- How to leave:
 - From the Yat Tung Estate Bus Terminus take the New Lantau Bus (Route 38) to Tung Chung MTR Station. The bus journey will take 15 minutes.
 - From the Yat Tung Estate take a 20 minutes walk to Tung Chung MTR Station.

Time Required:

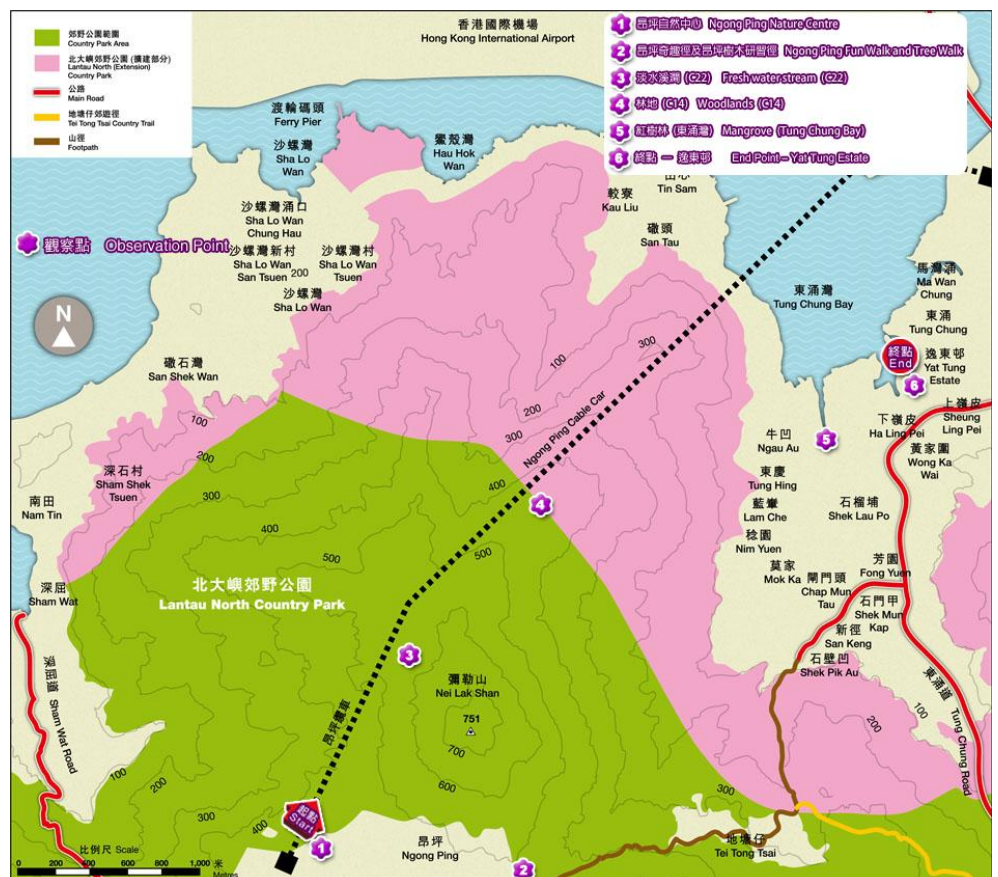
- Approx. 5 hours

Difficulty Level:

- Medium

Suitable Season:

- Spring and autumn





Additional Information

Ngong Ping Fun Walk and Tree Walk

Scientific Name	Common Name	Chinese Name
<i>Blechnum orientale</i>	Oriental Blechnum	烏毛蕨
<i>Melastoma candidum</i>	Common Melastoma	野牡丹
<i>Breynia fruticosa</i>	Waxy Leaf	黑面神
<i>Ligustrum sinense</i>	Chinese Privet	山指甲
<i>Machilus chekiangensis</i>	Chekiang Machilus	浙江潤楠
<i>Itea chinensis</i>	Itea	老鼠刺
<i>Symplocos lancifolia</i>	Smooth-leaved Sweet-leaf	光葉山礬
<i>Litsea cubeba</i>	FrAGRANT Litsea	木薑子
<i>Eurya chinensis</i>	Chinese Eurya	米碎花
<i>Microcos paniculata</i>	Microcos	破布葉
<i>Rhaphiolepis indica</i>	Hong Kong Hawthorn	石斑木
<i>Schefflera heptaphylla</i>	Ivy Tree	鵝掌柴
<i>Homalium cochinchinensis</i>	Cochin-china Homalium	天料木
<i>Sapium discolor</i>	Mountain Tallow Tree	山烏桕
<i>Psychotria asiatica</i>	Wild Coffee	九節
<i>Ficus variolosa</i>	Varied-leaf Fig	變葉榕
<i>Mallotus paniculatus</i>	Turn-in-the-wind	白楸
<i>Melicope pteleifolia</i>	Thin Evodia	密菜萸
<i>Schima superba</i>	Schima	木荷
<i>Dendrotrophe frutescens</i>	/	寄生藤

Tung Chung Bay

Scientific Name	Common Name	Chinese Name
<i>Acrosticum aureum</i>	Leather Fern	鹵蕨
<i>Kandelia obovata</i>	/	秋茄
<i>Bruguiera gymnorrhiza</i>	Many-petaled Mangrove	木欖
<i>Acanthus ilicifolius</i>	Spiny Bears Breech	老鼠筋
<i>Cerbera manghas</i>	Sea Mango	海芒果
<i>Hibiscus tiliaceus</i>	Cuban Bast	黃槿
<i>Thespesia populnea</i>	Portia Tree	恒春黃槿



Fresh water stream

Scientific Name	Common Name	Chinese Name
<i>Papilio helenus</i>	Red Helen	玉斑鳳蝶
<i>Papilio polytes</i>	Common Mormon	玉帶鳳蝶
<i>Papilio memnon</i>	Great Mormon	美鳳蝶
<i>Graphium agamemnon</i>	Tailed Green Jay	統帥青鳳蝶
<i>Graphium sarpedon</i>	Common Bluebottle	青鳳蝶
<i>Papilio paris</i>	Paris Peacock	巴黎翠鳳蝶
<i>Papilio protenor</i>	Spangle	藍鳳蝶
<i>Cupha erymanthis</i>	Rustic	黃襟蛺蝶
<i>Neptis hylas</i>	Common Sailer	中環蛺蝶
<i>Danaus genutia</i>	Common Tiger	虎斑蝶
<i>Eurema hecabe</i>	Common Grass Yellow	寬邊黃粉蝶
<i>Delias pasithoe</i>	Red-base Jezebel	報喜斑粉蝶
<i>Hebomoia glaucippe</i>	Great Orange Tip	鶴頂粉蝶
<i>Spindasis lohita</i>	Long-banded Silverline	銀線灰蝶
<i>Mycalesis mineus</i>	Dark Brand Bush Brown	小眉眼蝶
<i>Faunis eumeus</i>	Large Faun	串珠環蝶



Woodlands - Ngong Ping 360 Rescue Trail (Ngong Ping Trail)

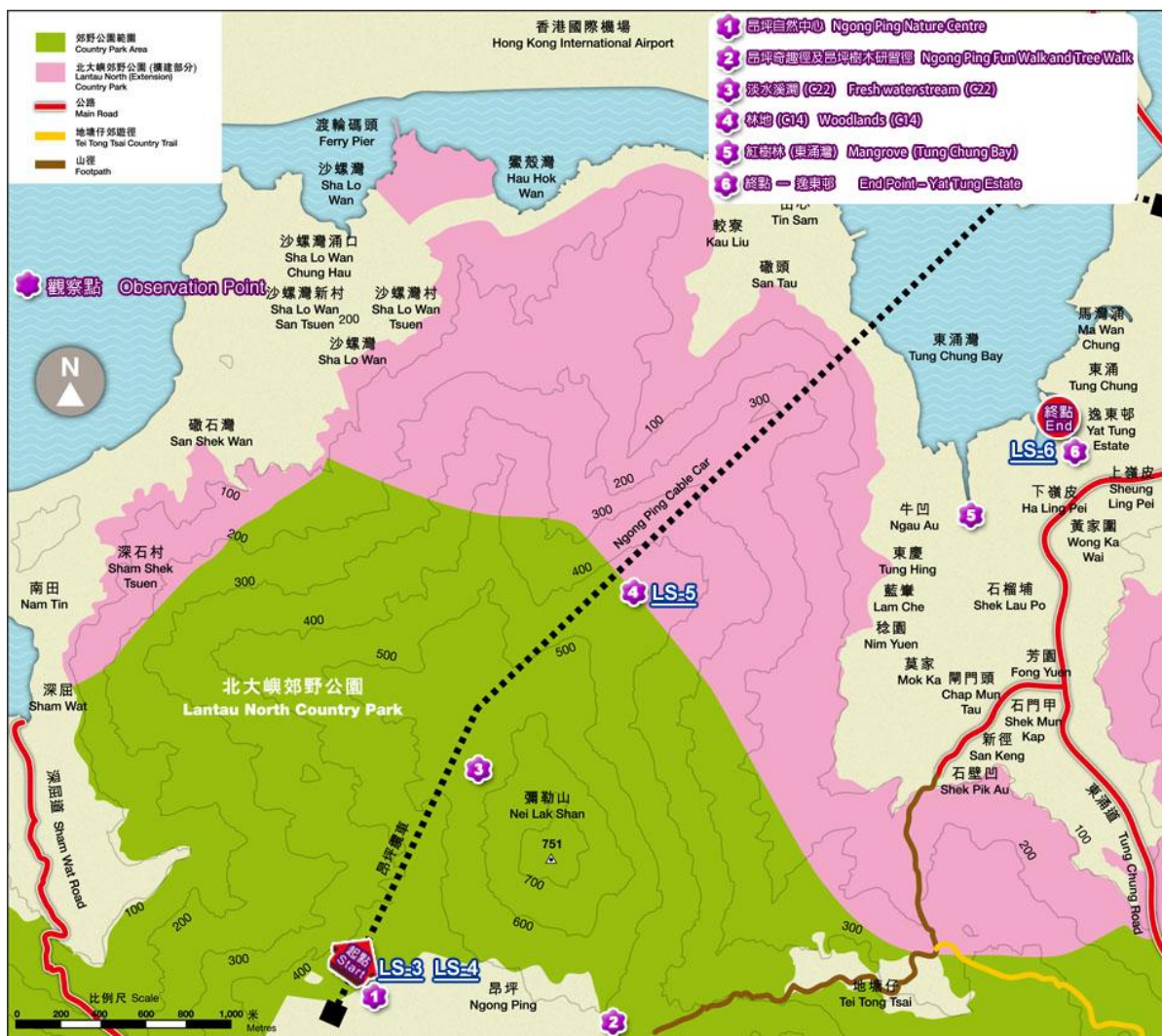
Scientific Name	Common Name	Chinese Name
<i>Dicranopteris pedata</i>	Dichotomy Forked Fern	芒萁
<i>Blechnum orientale</i>	Oriental Blechnum	烏毛蕨
<i>Adiantum flabellulatum</i>	Fan-leaved Maidenhair	扇葉鐵線蕨
<i>Osmunda vachelii</i>	Vachel's Osmunda	華南紫萁
<i>Cibotium barometz</i>	Lamb of Tartary	金毛狗
<i>Pseudodrynaria coronans</i>	Rock-ginger Fern	崖薑
<i>Pyrrosia adnascens</i>	Tongue-fern	貼生石韋
<i>Lemmaphyllum microphyllum</i>	Little-leaf Lemmaphyllum	伏石蕨
<i>Rhodomyrtus tomentosa</i>	Rose Myrtle	桃金娘 (崗楨)
<i>Melastoma sanguineum</i>	Blood-red Melastoma	毛楨
<i>Pandanus forceps</i>	False Pineapple	露兜筋
<i>Baeckea frutescens</i>	Dwarf Mountain Pine	崗松
<i>Melastoma candidum</i>	Common Melastoma	野牡丹
<i>Phyllanthus emblica</i>	Myrobalan	餘甘子
<i>Litsea cubeba</i>	Mountain-pepper	木薑子
<i>Symplocos lancifolia</i>	Smooth-leaved Sweet-leaf	光葉山礬
<i>Altingia chinensis</i>	Mountain Litchi	阿丁楓
<i>Ilex asprella</i>	Rough-leaved Holly	梅葉冬青
<i>Ficus hirta</i>	Hairy Fig	粗葉榕
<i>Ficus variolosa</i>	Varied-leaf Fig	變葉榕
<i>Polygala fallax</i>	Polygala	黃花倒水蓮
<i>Diplospora dubia</i>	Common Tricalysia	三萼木
<i>Glochidion wrightii</i>	Wright Glochidion	白背算盤子
<i>Eurya acuminatissimas</i>	Acute-sepal Eurya	尖葉毛柃
<i>Gordonia axillaris</i>	Hong Kong Gordonia	大頭茶



Field Study for Integrated Science

Worksheet List

Worksheet ID	Worksheet Title
LS-3	Part A: Tung Chung impression Part B: Visit to Ngong Ping Nature Centre
LS-4	Eco-tour: 'Nature in Touch' at the Ngong Ping Nature Centre
LS-5	Part A: Ngong Ping 360 Rescue Trail — Field trip from Ngong Ping to Tung Chung Part B: Evaluation of the disturbance of wildlife habitats in Ngong Ping
LS-6	My preferred route for the Ngong Ping Cable Car

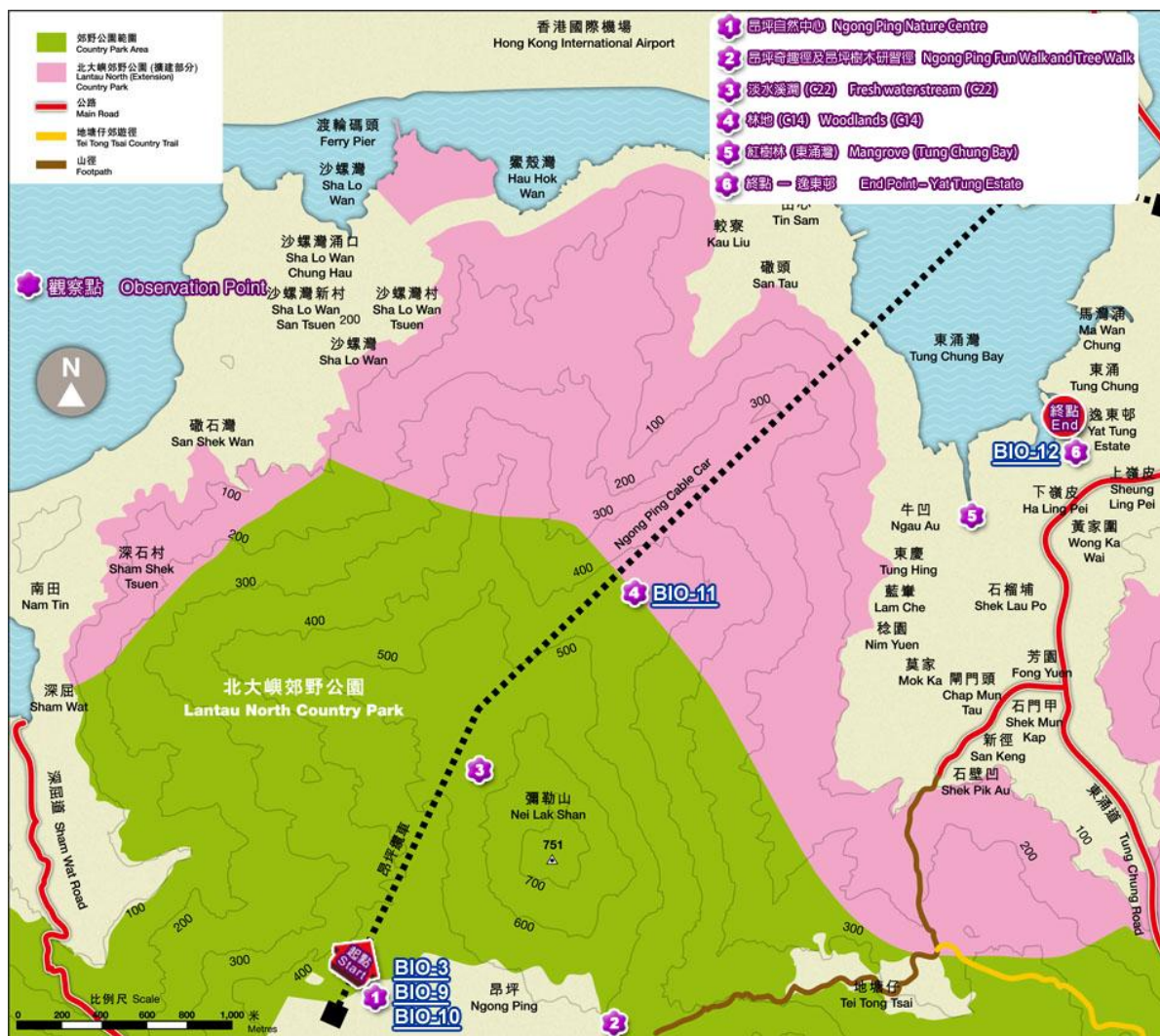




Field Study for Biology

Worksheet List

Worksheet ID	Worksheet Title
BIO-3	Part A: Classify the Kingdom Plantae. Part B: Plant gallery
BIO-9	Visit to Ngong Ping Nature Centre
BIO-10	Part A: 'Ngong Ping 360 Rescue Trail' — Field trip from Ngong Ping to Tung Chung Part B: Evaluation of the disturbance of habitats in Ngong Ping
BIO-11	My preferred route for the Ngong Ping Cable Car
BIO-12	Write an essay on the following topic: Is it feasible to require future infrastructure developments to meet the criteria for sustainable development in Hong Kong?



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